



## **AUXILIUM COLLEGE (Autonomous)**

(Accredited by NAAC with A+ Grade with a CGPA of 3.55 out of 4 in the 3<sup>rd</sup> cycle)  
Gandhi Nagar, Vellore – 6.

**5.1.3**

**2021-2022**

**LANGUAGE AND COMMUNICATION SKILL**



INNOVATION INSIDE  
Creative Projects of Auxilium College Vellore

# Auxilium College (Autonomous)

(Accredited by NAAC with A+ Grade with a CGPA of 3.55 out of 4 in the 3<sup>rd</sup> cycle)  
Gandhi Nagar, Vellore – 632 006.



## PG & RESEARCH DEPARTMENT OF ENGLISH

Inauguration of the Innovative Initiative

# PROJECT SUNFLOWER

In collaboration with Innerwheel Club, Vellore

On Wed Nov 10, 2021 @ 1:45pm - 2:30pm

Join with Google Meet

[meet.google.com/twg-sunr-kby](https://meet.google.com/twg-sunr-kby)

Join by phone

(US) +1 901-201-4052 (PIN: 530630219)

For the Students of III - B.A. & M.A. English Literature, Auxilium College

*Chief Patron: Rev. Sr. Alice K. T., Secretary*

*Convener: Dr. Venum Cecilia, Head, Department of English*

*Patron: Dr. Sr. Jaya Santhi R., Principal*

*Co - Ordinator: Dr. Latha Elangovan, Assistant Professor of English*

*Advisors: Rev. Sr. Sumathi M., Vice - Principal, Shift - 1*

*Dr. Sr. Amala Valarmathy A., Vice - Principal, Shift - 2*

*Organizing Committee: Faculty Members,*

*Department of English*

INNERWHEEL CLUB OF VELLORE

DISTRICT 323



INVITES YOU TO THE  
INAUGURATION OF PROJECT  
**Suriyakanthi**

At Auxillium College (Autonomous)  
(Accredited by NAAC with A+ Grade with a CGPA of 3.5  
out of 4 in the 3rd cycle)  
Gandhinagar, Vellore  
On 9.11.21 at 11.00 am on Zoom (Id will be sent later)

**KAMALA SELVAM**

District Chairman, Innerwheel, District 323

Will inaugurate the Project  
In the presence of

**Chief Patron: Rev.Sr. Alice K.T., Secretary**

**Patron: Dr.Sr. Jaya Santhi R, Principal**

**Advisers: Sr. Sumathi M., Vice Principal, Shift I  
Dr.Sr. Amala Valarmathy A, Vice principal, Shift II**

**Convenor: Dr. Venum Cecilia, HOD, Dept of English**

**Co-ordinator: Dr. Latha Elangov, Assistant Professor of English**

President: Nirmala Gopinath  
Secretary: Jayshree Kumar  
Sp. projects coordinator: Vasanthi Kishore

Date: 9.11.21  
Tuesday  
Time: 11.00 am  
Via zoom

**Day 1 - Suryakanthi**

09.11.21 between 11.30am & 1.30pm

1. ABCD of Success
2. Hello World
3. Govt. schemes & loans for MSMEs
4. Vocational courses available

**DAY 2 - Lavender**

11.11.21 between 11.30am & 1.30pm

1. The Power of Breath
2. Managing Stress
3. Nutrition for Wellness or Vaanam Thodallam va by  
Girija Raghavan
4. Menstrual Hygiene + awareness about Rubella and  
Cervical cancer

**DAY 3 - Maghizhampoo**

16.11.21 between 10.30am & 12.30pm

1. Media de-addiction
2. Cyber security
3. Online relationships
4. Sexual harassment in workplace

**Each session will be for 20 mts with half hour at the  
end for interaction.**

## **Inner Wheel Club of Vellore**

presents

### **MANORANJITHAM** for **AUXILIUM COLLEGE, VELLORE**

DAY PLAN for 16<sup>th</sup>, 18<sup>th</sup> and 20<sup>th</sup> of November '21

#### **DAY 1 – 16.11.21 – Maghizhampoo – 10.45am – 12.45pm**

Online Relationships	– Mr. Sreeshankar
Media de-addiction	– Mrs. Deepa Duraiswamy
Cyber Security	– Mrs. Ramya Duraiswamy
Sexual Harassment in workplace	– Adv. Vidya Alaguperumal

#### **DAY 2 – 18.11.21 – Lavender – 10.45am – 12.45pm**

Managing Stress	– Ashrita Preetham
Mind Body Connect	– Mrs. Swathi Adheshwar
Menstrual Hygiene	– Dr. Kamalalakshmi IK
Vanam thodallam va	– Mrs. Girija Raghavan

#### **DAY 3 – 20.11.21 - Suryakanthi – 10.45am – 12.45pm**

ABCD of Success	– Mr. M Keshav
Hello World	– Mrs. Shreedevi Ramesh
Govt. schemes & loans for MSMEs	– Mrs. Kavitha Nandakumar
Vocational courses available	– Mrs. Srithikha Kumar

***All sessions will be for a duration of about 20mts and will be conducted in a mixture of English and Thamizh. The last half hour will be for interaction between students and faculty.***

**Project Sunflower Report**  
**(Department of English)**

**Project Coordinator:** Dr. Latha Elangovan

**18.10.2021**

The Management of Auxilium College (Autonomous), Vellore organised a Workshop for the Faculty Members on “Innovative Initiatives for Institutional Development” in view of the forthcoming fourth cycle of NAAC Accreditation of the college. The workshop was facilitated by Prof. J.George Fernandez, Co-ordinator, Loyola International Academic Collaboration, Loyola College, Chennai.

**19.10.2021**

**Project Proposal**

A proposal presenting the design of the project and plan of action was framed and forwarded for documentation and Management records.

<i>S. No</i>	<i>Innovative Plan</i>	<i>Theme</i>	<i>Sponsor</i>
1	Copyright, Proofreading and editing	MoU / Internships	Freelance Service
2	Translation (Translating lectures and other language videos)	MoU with Online Publishers	Freelance Service
3	Adopting rural government schools to teach fundamental grammar in English	College and Society	Innovative Plan for Student Progression
4	Content writing, product description and language assistance for other departments in projects	New Start-ups	Interdepartmental Assistance for M.Phil. And Ph.D scholars
5	Free spoken English classes for other departments students	College and Society	Innovative Plan within the College

**23.10.2021**

**Project Initiation**

A talk with Mrs. Nirmala Gopinath, President, Innerwheel Club of Vellore and Mrs. Uma Keshav, Special Projects Coordinator, Innerwheel Club, Dist. 323, Chennai was initiated to discuss about *Project Manoranjitham* sponsored by the club to impart knowledge to Higher Education level young women about Vocational Guidance and Entrepreneurship programmes funded by the Government. The Innerwheel Project also included motivational talks, soft skills inputs and protective measures for Cyber Security and legal procedures related to Sexual Harassment in work place for women.

**27.10.21**

## **Project Review Meet**

A review meet with Prof. George Fernandes was organised by the management and the details of action plan were presented, focusing on *Project Sunflower* which was taken up for immediate attention. Suggestions from Prof. George on taking up projects related to translation, assisting weak students of other departments in spoken English and Govt. School adoption for teaching English to students were taken into consideration.

**10.11.21**

### **Inauguration of Project Sunflower**

Project Sunflower was inaugurated in the presence of The Principal, Dr. Sr. Jaya Santhi. R, presided by the Head of the Department, Dr. Venum Cecilia and Head in-charge of PG and Research Dept. of English, Dr. Sr. Amla Valarmathy. Dynamics of the project was presented by the coordinator and the plan of implementation was discussed.

**16, 18 & 20.11.21**

### **Project Sunflower in Action**

#### **DAY PLAN for 16<sup>th</sup>, 18<sup>th</sup> and 20<sup>th</sup> of November '21**

##### **DAY 1 – 16.11.21 – Maghizhampoo – 10.45am – 12.45pm**

Online Relationships	– Mr. Sreeshankar
Media de-addiction	– Mrs. Deepa Duraiswamy
Cyber Security	– Mrs. Ramya Duraiswamy
Sexual Harassment in workplace	– Adv. Vidya Alaguperuma

##### **DAY 2 – 18.11.21 – Lavender – 10.45am – 12.45pm**

Managing Stress	– Ashrita Preetham
Mind Body Connect	– Mrs. Swathi Adheshwar
Menstrual Hygiene	– Dr. Kamalalakshmi IK
Vaanam thodallam va	– Mrs. Girija Raghavan

##### **DAY 3 – 20.11.21 – Soryakanthi – 10.45am – 12.45pm**

ABCD of Success	– Mr. M Keshav
Hello World	– Mrs. Shreedevi Ramesh
Govt. schemes & loans for MSMEs	– Mrs. Kavitha Nandakumar
Vocational courses available	– Mrs. Srithikha Kumar

**22.11.21**

### **Webinar Report**

Inner Wheel Club of Vellore, District 323, inaugurated the project 'Manoranjitham' at Auxilium College, Vellore on 18.11.21. Mrs. Kamala Selvam, District Chairman of Inner Wheel Club inaugurated the project in the presence of Chief Patron: Rev. Sr. Alice. K. T, Secretary and Patron: Dr. Sr. Jayashanthi, Principal. Sr. Sumathy. M and Dr. Sr. Amala Valarmathy. A, Vice Principals of

Shift I and II were the Advisors. Dr. Vernum Cecilia, HOD, Department of English was the Convenor and Dr. Latha Elangov, Assistant Professor of English was the Co-ordinator. A series of webinars with a wide range of topics were conducted on 16<sup>th</sup>, 18<sup>th</sup> and 20<sup>th</sup> November, 2021.

#### **DAY 1 – 16.11.21 – Magizhampoo**

The first speaker of the session, Mr.Sreeshankar, a highly experienced Cyber Security professional highlighted the benefits and hazards from the usage of Cyber Technology. He also discussed the challenges and precaution of seeking online relationships and further suggested few ways in managing social media.

The second speaker, Mrs.Deepa Duraiswamy, founder of Pleiades Knowledge Ventures, focussed on 'Media De-addiction'. She stated the signs of addiction and impact of advertising and media and emphasized on resetting habits to distance oneself from being addicted to media.

The third speaker, Mrs.Ramya Duraiswamy, threw light upon the key areas of Cyber Security and created awareness against spams and online fraudsters by suggesting quick tips on internet safety and privacy.

The last speaker of the day, Advocate Vidya Alaguperumal is a member of Bar Association, TN and a POSH consultant. She spoke about the Sexual Harassment of women in Workplace and explained on what a woman should do, when faced with such issue.

#### **DAY 2 – 18.11.21 – Lavender**

The first speaker, Mrs.Ashritha Preetham shared her expertise on Stress Management by recommending few strategies to change a stressful situation and how to stress less and live more.

The second speaker, Mrs.Swathy Adheshwar, a participant in the Guinness World Record 'Yoga for Future' as a Yoga Instructor explained the connection between the mind and body. She further elaborated on how with the help of discipline, attitude, action and behaviour one can master their mind.

The last speaker of the session, Dr.Kamala Lakshmi, a Family Physician elucidated on Menstruation, Menstrual Hygiene along with Rubella Vaccine and Cervical Cancer.

#### **DAY 3 – 20.11.21 – Suryakanthi**

The first speaker of the last session, Mr.Kesav, Founder Trustee of VEMUST who also runs an Attitude Consultancy Firm, MANTRA, stated the ABCD of success and focussed on how Attitude, Behaviour, Confidence, Destiny decides one's success. He further highlighted on the importance of short term and long term goals.

The second speaker, Mrs.Shreedevi Ramesh, Co-founder of Gurus 360 Knowledge Services

listed the Soft Skills and explained the importance of attitude, communication, team work and interpersonal skills. She also emphasized on having Role Models and practising them.

The third speaker, Mrs.Kavitha Nandakumar highlighted the procedures in opening a bank account and MSME. She further gave guidance over the prevailing Government Loan Schemes and the eligibility criteria for procuring Government loans with subsidy for self-employment.

The final speaker of the webinar, Mrs. Srithika Kumar, who runs a successful institute called Sri Balaji Vocational and Skill Development Academy gave insights on the various Vocational Courses available and the importance of skill training to start one's own enterprises.

03.01.2022

A Google feedback form initiating responses from all III UG English, I and II PG English students regarding their interest in following areas was forwarded:

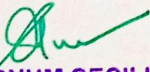
1. Entrepreneurship
2. Vocational Guidance
3. Part-time Jobs

Of the 147 responses from the students, the data recorded showed:

- 14 students were interested in Entrepreneurship
- 51 students were interested in Vocational Guidance
- 92 students were interested in Part-time Jobs

Some of the Students opted for more than one choice and a few wished to pursue higher studies.

Action Plan: Based on the feedback, the Coordinator and the team have decided to make arrangements for further information relating to each of the options mentioned above. Suitable measures will be taken to provide the necessary opportunities to the students to encourage 'Earn while you Learn' objective as per the mission of Project Sunflower □.

  
**Dr. VERNUM CECILIA P.A.A.**  
Associate Professor & Head  
P G & Research Dept. of English  
Auxilium College, Vellore - 6.